

Why Choose The Center for Eating Disorders' Program for Children & Adolescents?

We know that when your child is struggling with eating it means your family may be suffering as well. As parents, you are likely concerned not only about your child's health and well-being, but about choosing the right treatment for your son or daughter. Given the importance of prompt, early intervention for children with eating disorders, we agree that this is an integral decision that should not be taken lightly. Whether your child has been diagnosed with an eating disorder by a pediatrician or health professional or you are acting on your own initial concerns regarding a child's eating behaviors, we encourage you to learn about our program and allow us to answer any questions you have.

While the treatment and recovery process is often stressful, you can rest assured that The Center for Eating Disorders' new child and adolescent program has been specifically designed with your child's comfort, safety and healing in mind. Our program for children and teens is committed to providing developmentally appropriate care that incorporates your family as your child's biggest support.

Children and adults with eating disorders have very different needs throughout treatment and recovery. At the Center, your child will receive age-specific care tailored to the unique developmental needs of children 8-15 years old on a unit separate from older adolescents and adults. The Center's 11-bed Child & Adolescent inpatient unit means your child receives close, individualized attention throughout all aspects of treatment.

Features of Our Inpatient Program for Children & Adolescents

- All of the necessary safety and security of a hospital provided in a beautifully renovated, home-like setting that helps children feel as comfortable as possible during their stay.
- Your child receives 24-hour/day support, supervision and medical monitoring.
- Your family and your child receive direct care from a highly-trained, multi-disciplinary staff that includes children and adolescent board-certified psychiatrists, individual psychologists, clinical social workers, registered dietitians, occupational therapists, art & movement therapists, and skilled nurses.
- Principles of Family Based Treatment (FBT), also known as the Maudsley Model, are infused throughout the program.
- A clinical social worker is assigned to provide you with family therapy twice a week, consistent updates and open communication throughout your child's treatment.
- In depth educational opportunities, including nutrition education, help parents plan and prepare for their child's successful transition out of a higher level of care and back into the home.
- The CED Child & Adolescent Program operates under the close direction of Drs. Harry Brandt and Steven Crawford who, collectively, have over 50 years of experience in the field of evidence-based eating disorder treatment.

In addition to our nationally recognized inpatient program, we offer a full continuum of care that includes Partial Hospital and Outpatient programs to meet the varied needs of children and teens as well as their families. Our stepped-care approach means we can provide you with the care and support that is best -matched to your family's needs at any stage of the eating disorder and recovery process.

Call our admissions counselors at 410-938-5252 to get a Center for Eating Disorder expert's opinion and find out for sure if your son or daughter is suffering from an eating disorder, or visit eatingdisorder.org for more information.