

# MEDIA EXPERT



## STEVEN F. CRAWFORD, M.D.

Co-Director of the Center for Eating Disorders at Sheppard Pratt

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### AREAS OF EXPERTISE:

- Diets and why they don't work
- Eating disorders: anorexia, bulimia, binge eating, compulsive overeating
- Effects of eating disorders on patients and their families
- Factors contributing to the onset of eating disorders, e.g. societal pressures, genetics, distorted image of self, and popular culture
- Treatment of eating disorders
- Demographic groups affected by eating disorders, e.g. men, older women and young people
- Topical news stories relating to eating disorders, e.g. fashion runway model sizes, growth of muscle dysmorphia, body image issues and social media

**Dr. Crawford participates in speaking engagements and nationally recognized research projects in the field of eating disorders.**

**He has been media trained, and is comfortable with live or taped interviews, video and photography.**

### EXPERT BIO:

- More than 25 years of experience studying and treating people with eating disorders, focusing primarily on optimal care for patients
- Serves on the faculty of the University of Maryland School of Medicine where he teaches medical students and trainees about the identification of eating disorders. Additionally, he serves as a lead investigator in federally funded research grants
- Dr. Crawford received his bachelor's degree from LaSalle College in Philadelphia with a dual major in biology and psychology. He attended the University of Maryland School of Medicine from 1982 to 1986
- Dr. Crawford completed his internship in internal medicine at Union Memorial Hospital in 1987, and spent his residency in psychiatry at the University of Maryland from 1987 to 1989

### ABOUT CED:

- The Center for Eating Disorders at Sheppard Pratt in Towson, Md. treats adults, adolescents and children with complex eating disorders, including anorexia nervosa, bulimia nervosa and binge eating
- The Center for Eating Disorders has more than 30 clinicians that include psychiatrists, psychologists, dietitians, occupational therapists, expressive arts therapists, nursing staff, licensed clinical social workers and professional counselors
- The Center for Eating Disorders offers inpatient, day hospital and intensive outpatient programming, as well as ongoing outpatient therapy and support groups
- Visit [www.eatingdisorder.org](http://www.eatingdisorder.org) or [www.eatingdisorder.org/blog](http://www.eatingdisorder.org/blog) for more information