

# MEDIA EXPERT



## HARRY BRANDT, M.D.

Co-Director of the Center for Eating Disorders at Sheppard Pratt

### MEDIA REQUESTS:

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**Dr. Brandt participates in speaking engagements and nationally recognized research projects in the field of eating disorders.**

**He has been media trained, and is comfortable with live or taped interviews, video and photography.**

### AREAS OF EXPERTISE:

- Diets and why they don't work
- Eating disorders: anorexia, bulimia, binge eating, compulsive overeating
- Effects of eating disorders on patients and their families
- Factors contributing to the onset of eating disorders, e.g. societal pressures, genetics, distorted image of self, and popular culture
- Treatment of eating disorders
- Demographic groups affected by eating disorders, e.g. men, older women and young people
- Topical news stories relating to eating disorders, e.g. fashion runway model sizes, growth of muscle dysmorphia, body image issues and social media

### EXPERT BIO:

- More than 20 years of experience studying and treating people with eating disorders
- Previously served as Director of the Eating Disorders Program at the National Institutes of Health
- Received his bachelor's degree from Brandeis University in Waltham, Mass., with a triple concentration in Chemistry, Biology and Biochemistry. He graduated from the University of Maryland School of Medicine in 1983
- Completed his internship in Medicine, Neurology and Psychiatry from the University of Maryland Medical System in 1984 and spent his residency in Psychiatry at the University of Maryland Dept. of Psychiatry from 1984-1986. Completed his research fellowship at the National Institute of Mental Health from 1985-1988

### ABOUT CED:

- The Center for Eating Disorders at Sheppard Pratt in Towson, Md. treats adults, adolescents and children with complex eating disorders, including anorexia nervosa, bulimia nervosa and binge eating
- The Center for Eating Disorders has more than 30 clinicians that include psychiatrists, psychologists, dietitians, occupational therapists, expressive arts therapists, nursing staff, licensed clinical social workers and professional counselors
- The Center for Eating Disorders offers inpatient, day hospital and intensive outpatient programming, as well as ongoing outpatient therapy and support groups
- Visit [www.eatingdisorder.org](http://www.eatingdisorder.org) or [www.eatingdisorder.org/blog](http://www.eatingdisorder.org/blog) for more information