

In recognition of National Eating Disorders Awareness Week

The Center for Eating Disorders at Sheppard Pratt presents

Positive Parenting for a Healthy Self-Image

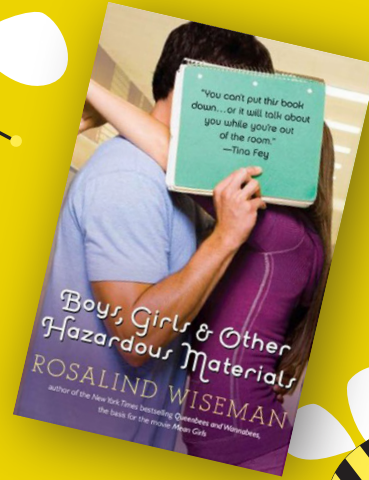
BEST SELLING AUTHOR

rosalind WISEMAN

SUNDAY, FEBRUARY 21, 2010

THE CONFERENCE CENTER AT SHEPPARD PRATT, 6501 N. CHARLES ST., TOWSON, MD

www.sheppardpratt.org



In recognition of National Eating Disorders Awareness Week,
The Center for Eating Disorders at Sheppard Pratt presents

Positive Parenting for a Healthy Self-Image

Helping Children Develop Social Competence and Body Confidence in Girl World and Boy World

FEATURING KEYNOTE SPEAKER, ROSALIND WISEMAN

SUNDAY, FEBRUARY 21, 2010, 1:00-3:00 P.M.

THE CONFERENCE CENTER AT SHEPPARD PRATT, 6501 N. CHARLES ST., TOWSON, MD



Nationally reknowned speaker and author Rosalind Wiseman, whose best seller *Queen Bees & Wannabes* was the basis for the movie *Mean Girls*, discusses how positive self-esteem and healthy body image can help prevent eating disorders.

Book sale and signing follow presentation

Admission is free

but pre-registration is required.

Call 410-938-3157 or email
rsvp@sheppardpratt.org

www.eatingdisorder.org

**ADDITIONAL CENTER FOR EATING DISORDERS NEDA WEEK
EVENTS AT THE CONFERENCE CENTER AT SHEPPARD PRATT**

Call 410-427-3886 for more information on these events:

TUESDAY, February 23, 2010, 6:00-7:30 p.m.

"Love Your Tree" Poster Exhibit, Recognition Ceremony and Reception

THURSDAY, February 25, 2010, 6:00-7:00 p.m.

Mindfulness 101: An Experiential Exploration of DBT Practices for Eating Disorder Recovery and Everyday Life - Craig Boas, LCSW-C

FREE Eating Disorder Screenings by appointment

Schedule a free and confidential assessment with a licensed professional during National Eating Disorders Awareness Week.



6501 N. Charles St.
Baltimore, MD 21204

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