

# Promoting Self Esteem & Positive Body Image

A Program for the Jewish Community

An Educational Program of Awareness,  
Prevention and Intervention on Eating Disorders

Presented by:

The Center for Eating Disorders at Sheppard Pratt  
and The Orthodox Union

In collaboration with Jewish Community Services and Hadassah

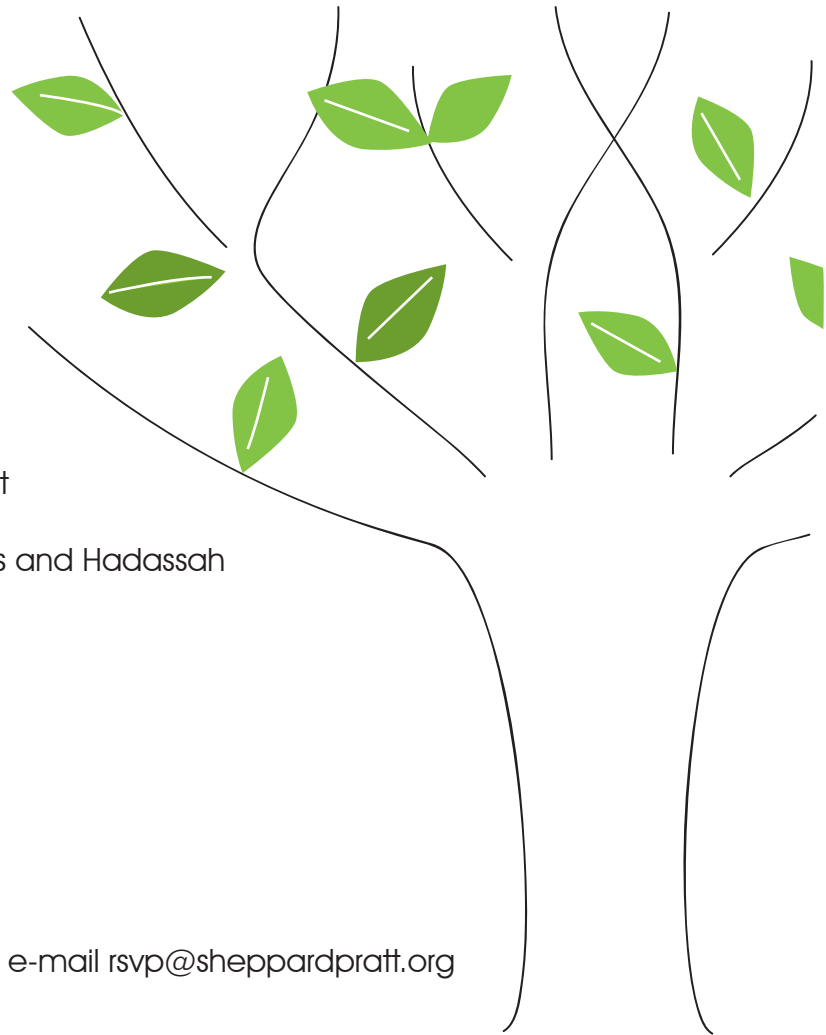
## Sunday, January 31, 2010

8:30 a.m. to 1:30 p.m.

The Conference Center at Sheppard Pratt  
6501 N. Charles Street  
Towson, MD 21204

A free educational program for all ages.

Pre-registration is required. Call 410-938-3157 or e-mail [rsvp@sheppardpratt.org](mailto:rsvp@sheppardpratt.org)





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## A Program for the Jewish Community

Tackling issues often wondered about and little discussed. Ten interactive workshops throughout the event focused on positive relationships with food, recognizing eating disorders, self-esteem, constructive parenting and other topics

KEYNOTE PRESENTERS:

**Rabbi Dr. Tzvi Hersh Weinreb**

*Executive Vice President, Emeritus, Orthodox Union*

**Dr. Catherine Steiner Adair**

*Director, Education and Prevention, Klarman Eating Disorders Center*

For a complete schedule of the day's events, visit:  
[www.eatingdisorder.org](http://www.eatingdisorder.org) or [www.oucommunity.org](http://www.oucommunity.org)