

IN RECOGNITION OF NATIONAL EATING DISORDERS AWARENESS WEEK,
THE CENTER FOR EATING DISORDERS AT SHEPPARD PRATT PRESENTS

INVISIBLE

An Athlete's Story of Hope & Triumph in Eating Disorder Recovery

VICTORY

Featuring Whitney Ladd Post, former World Champion rower and elite athlete



SUNDAY, FEBRUARY 26, 2012
2:00-4:00 PM

THE CONFERENCE CENTER AT SHEPPARD PRATT, 6501 NORTH CHARLES ST., TOWSON, MD

WHITNEY LADD POST

FORMER WORLD CHAMPION ROWER AND ELITE ATHLETE

Whitney Ladd Post, elite athlete and President and Co-Founder of Eating for Life Alliance, will address the intersection between eating disorders and sports. Sharing insights from her own recovery, she will discuss the struggles and strengths faced by players, coaches, trainers and teammates in the process of eating disorder prevention, identification and recovery.



ADMISSION IS FREE

but pre-registration is required.

Call 410-938-3157 or email rsvp@sheppardpratt.org
For directions go to www.sheppardpratt.org

ADDITIONAL CENTER FOR EATING DISORDERS NEDA WEEK EVENTS AT THE CONFERENCE CENTER AT SHEPPARD PRATT

Call 410-427-3886 or visit www.eatingdisorder.org for more information on these events:

Tuesday, February 28, 2012, 6:30-8:00 pm

The 6th Annual Love Your Tree Art Exhibit,
Student Recognition Ceremony & Reception

Thursday, March 1, 2012, 7:00-8:00 pm

When Your Loved One Has an Eating Disorder:
Helping Them Heal on the Road to Recovery
Jennifer Moran, Psy.D., presenter

FREE EATING DISORDER SCREENINGS BY APPOINTMENT

Schedule a free and confidential assessment with a licensed professional during National Eating Disorders Awareness Week.


The Center for Eating Disorders
AT SHEPPARD PRATT

www.eatingdisorder.org