

THE CENTER FOR EATING DISORDERS AT SHEPPARD PRATT PRESENTS

# SUSIE ORBACH

Navigating our

culture's body

anxiety & finding

body confidence

**Sunday, October 2, 2011**

**2:00-4:00pm**



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# SUSIE ORBACH



  
The Center for Eating Disorders  
AT SHEPPARD PRATT

6501 N. Charles St.  
Baltimore, MD 21204

## Navigating our culture's body anxiety & finding body confidence

Bodies were once celebrated as the bearers of life, the anchors of the soul, harbingers of joy and possibility. Today we're often encouraged to disparage, hate, and betray our bodies.

Susie Orbach, internationally renowned body image activist, author and psychotherapist, will discuss our culture's journey—one that's filled with messages that denounce the existence of our bodies. Through this compelling talk, she will empower us as individuals and as a society, to heal our bodies, ourselves and our culture. **To learn more about Susie Orbach go to [www.any-body.org](http://www.any-body.org)**  
**For more information about the Center for Eating Disorders visit [www.eatingdisorder.org](http://www.eatingdisorder.org)**

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**Book sale and signing following presentation**



  
The Center for Eating Disorders  
AT SHEPPARD PRATT

**Admission is Free**  
BUT PRE-REGISTRATION IS REQUIRED

Call 410-938-3157 or email [rsvp@sheppardpratt.org](mailto:rsvp@sheppardpratt.org)