

# The Body in Therapy: An In-Depth Look at Countertransference & The False Body

Susie Orbach, Ph.D.

This conference is approved for 2.0 CME's/CEU's.

## Introduction

In the past several decades, a globalized media has overwhelmed individuals with public images of idealized, westernized bodies. Increasingly, dissatisfied relationships with our bodies, rising pressures from anti-obesity markets and new body-perfecting technologies, have led to progressively unstable bodies that become ripe for serious suffering and disorders. More so than in the past, it is imperative that clinicians, particularly those working to treat eating disorders, be aware of both the client's body distress and their own body's sensitivity to transferring emotions during the therapeutic process.

At this conference, Dr. Orbach will draw on body countertransference to theorize a new intersubjective conception of the body. Participants will be invited to bring their own case material and countertransference experiences to the seminar.

## Program Schedule

**8:00 - 9:00 a.m.** . . . Registration, Continental Breakfast, Networking

**9:00 - 9:45 a.m.** . . . . . Keynote Presentation

**9:45 - 11:00 a.m.** . . . . . Case Discussions with Q & A

Upon registration, each registrant will be mailed a copy of Dr. Orbach's book, *Bodies*. Reading the book prior to the conference is strongly recommended.

## Learning Objectives

At the conclusion of the conference, the participant will be able to:

- Recognize and assess the therapist's countertransference bodily responses to individual patients.
- Describe how to read the body to body communications between patient and therapist including how to evaluate whether they are speaking to purely psychic contents or whether they relate also to body dysmorphic aspects of the patient's corporeal experience.
- Discuss the concept of the false body and how to enable the deconstruction of the patient's defensive body in the process of the establishment of a sustainable body self.

## Conference Fees

This conference is limited to 50 participants. Registration by September 16th is recommended.

**Registration by October 1st** . . . . . \$75  
**Day of Conference Registration** (if space available) . . . . . \$85

## Refund Policy

September 16th is the deadline to request a partial refund. A \$35 administrative charge will be deducted from refund requests received by that deadline. No refunds will be provided after that date or for absences on conference day. No credits for future conferences will be issued

## Credit

Sheppard Pratt Health System designates this live activity for a maximum of *2.0 AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim credit commensurate with the extent of their participation in the activity. This activity is approved for 2.0 clock hours for National Certified Counselors (provider #5098), 2.0 contact hours in Category I for Social Workers and 2.0 hours CEU's for Psychologists.

## Registration Form

**To register and pay online:**  
**[www.eventville.com/sheppardpratt](http://www.eventville.com/sheppardpratt)**

Please complete and fax to 410-938-4596  
if paying by credit card  
or mail with payment by check  
(payable to Sheppard Pratt Health System)  
to: Sheppard Pratt Professional Education Department  
6501 N. Charles Street, Baltimore, MD 21204

For more information, call 410-938-4593

*Please print or type. Please register only one person per form.*

Name: \_\_\_\_\_

Degree/Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address (Business or Home) *(Must match credit card billing address)*:  
\_\_\_\_\_

City: \_\_\_\_\_

State/Zipcode: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Business) \_\_\_\_\_

Email Address: \_\_\_\_\_

*(All registrants who provide an email address will receive confirmation of their registration)*

### Discipline:

- |  |  |
|--|--|
| <input type="checkbox"/> Psychiatrist    | <input type="checkbox"/> Licensed Professional Counselor |
| <input type="checkbox"/> Physician _____ | <input type="checkbox"/> Social Worker                   |
| <input type="checkbox"/> Psychologist    | <input type="checkbox"/> Other _____                     |

### Registration Fee by October 1st (Early Registration Encouraged)

- \$75 – by October 1st

### Credit Card Payments:

- |   |  |
|---|--|
| <input type="checkbox"/> MasterCard       | <input type="checkbox"/> Discover Card |
| <input type="checkbox"/> American Express | <input type="checkbox"/> VISA          |

Account #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Name of Cardholder: \_\_\_\_\_

### About Susie Orbach



Susie Orbach is an internationally acclaimed psychoanalyst, author and body image activist. Her numerous publications include the classic, *Fat Is a Feminist Issue* (1978) and her latest book, *Bodies*, which was published in January 2009. Dr. Orbach co-founded The Women's Therapy Centre in London and The Women's Therapy Centre Institute, a training institute, in New York. Her interests as a psychotherapist and writer have centered around feminism and psychoanalysis, countertransference, psychoanalysis and the public sphere, the construction of femininity and gender, globalization and body image and emotional literacy. Currently, Dr. Orbach is convener of *AnyBody*, an organization that campaigns for body diversity. As part of the campaign, Dr. Orbach launched Endangered Bodies, a Global Summit with hosted events in London, New York, Buenos Aires, Melbourne and Sao Paulo in March 2011. Dr. Orbach maintains a private practice in London treating individuals and couples.

### The Center for Eating Disorders

Since 1989, the Center for Eating Disorders at Sheppard Pratt has been committed to the pursuit of emotional and physical wellness for children, adolescents and adults diagnosed with eating disorders. The Center combines a behavioral program to assist in the management of eating disorder impulses with an evidence-based, multimodal therapy program. Individual and group therapies include cognitive-behavioral therapy, dialectic behavior therapy, interpersonal therapy, body image therapy, art therapy, movement therapy, occupational therapy, and nutritional counseling. Family therapy at The Center is guided by a Family-Based Treatment approach (Maudsley model) and family systems theory. Services are provided by an interdisciplinary team of professionals across a full continuum of care which includes a 26-bed inpatient program, 12-hour/day partial hospital program, an evening intensive outpatient program and outpatient therapies. The Center supports the development of healthy coping mechanisms as a replacement for eating disorder behaviors. Recovery occurs with the achievement of medical, nutritional and psychological stabilization. Community outreach and professional education services are also available.

Professional Education  
6501 N. Charles Street  
Baltimore, MD 21204



**The Body in Therapy:  
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Countertransference  
& The False Body  
October 2, 2011**

**Register early. Space is  
limited to 50 participants.  
For directions visit  
[www.sheppardpratt.org](http://www.sheppardpratt.org)**

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A Special Conference Featuring:

**Susie Orbach, Ph.D.**

*Psychotherapist*  
London, England

**Sunday, October 2, 2011  
8:00 - 11:00 a.m.**

The Conference Center at Sheppard Pratt  
6501 N. Charles Street - Towson, MD

Presented by  
The Center for Eating Disorders at Sheppard Pratt  
[www.eatingdisorder.org](http://www.eatingdisorder.org)

