

MEDIA EXPERT



STEVEN F. CRAWFORD, M.D.

Associate Director of the Center for Eating Disorders at Sheppard Pratt

CONTACT:

Kathleen Shaffer
410.902.5053
kshaffer@mghus.com

AREAS OF EXPERTISE:

- Diets and why they don't work
- Eating disorders: anorexia, bulimia, binge eating, compulsive overeating
- Effects of eating disorders on patients and their families
- Factors contributing to the onset of eating disorders e.g. societal pressures, genetics, distorted image of self, and popular culture
- Treatment of eating disorders
- Demographic groups affected by eating disorders e.g. men, older women and young girls.
- Topical news stories relating to eating disorders e.g. fashion runway model sizes, growth of muscle dysmorphia

u

Dr. Crawford participates in speaking engagements and nationally recognized research projects in the field of eating disorders.

u

He has been media trained, and is comfortable with live or taped interviews, video and photography.

EXPERT BIO:

-15 years of experience studying and treating people with eating disorders, focusing primarily on optimal care patients.

-Serves on the faculty of the University of Maryland School of Medicine where he teaches medical students and trainees about the identification of eating disorders. Additionally, he serves as a lead investigator in federally funded research grants.

-Dr. Crawford received his bachelor's degree from LaSalle College in Philadelphia with a dual major in biology and psychology. He attended the University of Maryland School of Medicine from 1982 to 1986.

-Dr. Crawford completed his internship in internal medicine at Union Memorial Hospital in 1987, and spent his residency in psychiatry at the University of Maryland from 1987 to 1989.

- View www.eatingdisorder.org/blog or www.eatingdisorder.org for more information.

ABOUT CED:

-The Center for Eating Disorders at Sheppard Pratt in Towson, Md. treats adults, adolescents and children with complex eating disorders, including anorexia nervosa, bulimia nervosa and binge eating.

-The Center for Eating Disorders has more than 30 clinicians that include psychiatrists, psychologists, dietitians, occupational therapists, expressive arts therapists, nursing staff, licensed clinical social workers and professional counselors.

-The Center for Eating Disorders offers inpatient, day hospital and intensive outpatient programming, as well as ongoing outpatient therapy and support groups.

MEDIA REQUESTS: Kathleen Shaffer
kshaffer@mghus.com
410.902.5051

